

CPR RATE MONITOR - GUIDE

The CPR Rate Monitor is a patented feedback feature that comes pre-installed (with batteries included) in the shoulder area of the Prestan Professional Adult Manikin. If you have purchased a Prestan Professional Adult Manikin without the CPR Rate Monitor and later decide you want this feature – it may be purchased and installed separately by contacting your Prestan Authorized Distributor.

The Prestan Professional Training Manikin CPR Rate Monitor has a unique way of monitoring both the depth of compressions and the rate of compressions:

At the first compression all four of the lights in the upper left shoulder will come on, indicating that the lights are working. (Figure 1)

If the lights do not light, make sure that the depth of compression is deep enough (you will hear a clicking sound). The lights will not work if the student is not compressing the manikin correctly.

Once a student begins chest compressions, the yellow light and the green lights will go out and, from zero to less than 60 compressions per minute, the red light will be on. (Figure 2)

As the student increases the rate of compressions and reaches 60 compressions per minute, a yellow light will come on until the student reaches 80 compressions per minute. (Figure 3)

As the student increases the rate of compressions and reaches 80 compressions per minute, the first green light will come on until the student reaches 100 compressions per minute. (Figure 4)

When the student reaches 100 compressions per minute, a second green light comes on, indicating that the recommended rate has been reached. (Figure 5)

If the student slows down, one of the green lights will go out indicating that the student needs to increase the rate of compressions.

Should compressions exceed 120 per minute, a yellow light will flash rapidly indicating the recommended cap has been reached. (Figure 6)

Always try to maintain the recommended speed between 100 and 120 compressions per minute as indicated by the 2 green lights.

If the student's depth of compression is not correct, at any time, all the lights will go off and the red light will blink.

